

CURRICULUM VITAE

Updated: June 2020

MATTHEW S. ROOT, D.O.

*Diplomate, American Board of Physical Medicine and Rehabilitation
Subspecialty, Board Certified Physician in Pain Medicine*

Email Address:

mroot@innovativepainspine.com

Practice Addresses:

4418 Vineland Ave, Suite 218
Toluca Lake (North Hollywood), CA, 91602
Phone: 818-621-0019
Facsimile: 818-671-5556

Education:

06/1996 – 06/2000 **B.S.** Quinnipiac University, Hamden, CT – *Bachelors in Health and Science Studies*
06/2000 – 01/2002 **M.P.T.** Quinnipiac University, Hamden, CT – *Masters in Physical Therapy*
**(employed full time as a Physical Therapist during the interval between graduate school and medical school, 01/2002 to 05/2004)*
05/2004 – 05/2008 **D.O.** Western University of Health Sciences, College of Osteopathic Medicine of the Pacific (COMP), Pomona, CA – *Doctor of Osteopathic Medicine*

Postgraduate Training:

06/2008 – 06/2009 Traditional Rotating Internship, Chino Valley Medical Center. Chino, CA
06/2009 – 06/2012 Advanced Residency in Physical Medicine and Rehabilitation (PM&R), Thomas Jefferson University Hospitals (TJUH). Philadelphia, PA
07/2012 – 07/2013 Fellowship in Pain Medicine, LAGS Medical Centers of California. Santa Barbara, CA

Clinical Appointments:

07/2013 – 03/2015 Assistant Fellowship Director, Interventional Pain Medicine Fellowship, LAGS Medical Centers of California. Thousand Oaks, CA
12/2014 – 08/2018 Co-Founding Partner, *Innovative Pain and Spine Physicians*. Toluca Lake (North Hollywood), CA
04/2015 – 11/2017 Independent Contractor, Pain Medicine / PM&R consultations at *Windsor - Skilled Nursing Facilities*. Cheviot Hills and Los Angeles, CA
03/2017 – present Independent Contractor, Pain Medicine at *Northridge Pain Management Specialists*. Northridge, CA
12/2017 – present Medical Director, Pain Management Program. Inpatient consultation service at *Northridge Hospital Medical Center*. Northridge, CA
08/2018 – present Owner, *Innovative Pain and Spine Center*. Toluca Lake, North Hollywood, CA
08/2019 – present Independent Contractor, Pain Medicine at *Nuvo Spine and Sports Institute & Ortho Regenerative Center*, Encino and Beverly Hills, CA

Current Hospital Staff Appointments:

06/2016 – present Glendale Memorial Hospital and Health Center, Glendale, CA
05/2017 – present Northridge Hospital Medical Center, Northridge, CA

Current Surgical Center Appointments:

06/2015 – present Starpoint Health Outpatient Surgery Center, Studio City, CA
02/2016 – 02/2017 Avalon Surgery Center, Glendale, CA
02/2017 – present Radiance Surgery Center, Sherman Oaks, CA
03/2017 – present Endeavor Surgical Center, Northridge, CA
03/2017 – present Northridge Advanced Surgery Center, Northridge, CA

Board Certifications and Licenses:

Sub-Specialty Board Certification: Pain Medicine, American Osteopathic Association (AOA),
#476, Expiration (Exp) 12/31/2028
Sub-Specialty Board Certification: Pain Medicine, American Board of Pain Medicine (ABPM),
#210382, Exp 12/31/2025
Primary Board Certification: PM&R, American Board of Physical Medicine and Rehabilitation
(ABPMR) #10974, Exp 12/31/2023
Unrestricted California Medical License: California 20A12283, Exp 05/31/2021
DEA License and NADEAN X-License Registration: Exp 04/30/2021
Advanced Cardiac and Basic Life Support (ACLS and BLS), Exp 2/17/2022
Fluoroscopy X-Ray Supervisor and Operator, Exp 10/31/2020

Awards and Honors:

Western University of Health Sciences, College of Osteopathic Medicine of the Pacific
2005 Certificate of Appreciation, Facilitator of Human Gross Anatomy Course
2006 Certificate of Appreciation, Osteopathic Medicine Teaching Assistant
TJUH/Sidney Kimmel Medical College, Department of Rehabilitation Medicine
2011 Certificate of Recognition for Special Projects, Medical Student Curriculum
2011 and 2012 Certificate of Recognition for Medical Student Teaching
2011 and 2012 Certificate of Recognition for Senior Student Liaison
2011 and 2012 Certificate of Recognition for Residency Admissions Process
American Association of Neuromuscular & Electrodiagnostic Medicine
2011 Foundation for Research and Education Junior Member Recognition Award

Abstracts:

Root MS; Sridhara CR. Electromyographic Abnormalities after Botulinum Toxin Type A Injection: A Case Report. (Presented at the AANEM and AAPM&R Annual Meetings, 09/2011 and 11/2011)

Other Research:

Assisted in Development of Clinically Significant Outcome Measures for Duchenne Muscular Dystrophy. National Institute on Disability and Rehabilitation Research (NIDDR), Rehabilitation Research and Training Center (RRTC), University of California Davis Medical Center. PI: Craig M. McDonald, MD (Published in Muscle & Nerve, 2010)
Spinal Dorsal Ramus Injection for Back Pain Secondary to Vertebral Compression Fracture. 2012. Mentor: Linqiu Zhou, MD. PI: John L. Melvin, MD
Predictive Outcome Measures in Fluoroscopically Guided Third Occipital Nerve Blocks in Preparation for Neurolysis Procedural Planning in Migraine Treatment. PI: Francis Lagattuta, MD (Presented at the AAPM&R Annual Meeting, 11/2012)

Academic Committees at TJUH/Sidney Kimmel Medical College:

- 2009 – 2011 Resident Committee on Medical Student Curriculum and Education
2010 – 2011 Senior Student Liaison for Residency Recruitment
2011 – 2012 Supervisory Student Liaison for Residency Recruitment

Teaching and Clinical Responsibilities:

- 2002 – 04 Eugene A. Shales Physical Therapy, Inc., San Diego, CA
Preceptor for Student Physical Therapists
2004 – 06 Western University of Health Sciences, COMP, Pomona, CA
Course Facilitator for Gross Anatomy and for Osteopathic Medicine, Learning Enhancement and Academic Development (LEAD) Tutor for Anatomy and Neurology
2008 – 09 Chino Valley Medical Center, Chino, CA
Course Facilitator of Essentials for Clinical Medicine (ECM), Medical Student Didactic Sessions, Mentoring Medical Students at Community Clinics and at Sports Physicals
2009 – 12 TJUH/Sidney Kimmel Medical College, Philadelphia, PA
Clinical Skills and Didactic Sessions for Medical Students, Curriculum Planning and Creation of Peer-Reviewed Study Guide for Medical Students
2014 – 15 LAGS Medical Centers of California, Santa Barbara, CA
Assistant Fellowship Director – Teaching Fellows in Interventional Pain Medicine
2016 – 17 Starpoint Health Outpatient Surgery Center, Studio City, CA
Physician Proctoring – Interventional Pain Medicine
2017 – Present Northridge Hospital Medical Center, Northridge, CA.
Medical Director - Pain Management Program.

Memberships in Professional and Scientific Societies:

- American Osteopathic Association (AOA)
Osteopathic Physicians and Surgeons of California (OPSC)
Los Angeles County Osteopathic Medical Association (LACOMA)
American Medical Association (AMA)
American Academy of Pain Medicine (AAPM)
Fellow of the American Academy of Physical Medicine and Rehabilitation (FAAPMR)

Other Professional Experience:

- 01/2002 – 05/2002 Physical Therapist. Supervising Physical Therapist for Skilled Nursing Facilities, Therapy Specialists, San Diego, CA
05/2002 – 12/2004 Physical Therapist. Director of Physical Therapy for Orthopaedic Clinic, Eugene A. Shales Physical Therapy, Inc., San Diego, CA
01/2004 – 05/2004 Physical Therapist. Hospital, Rogue Valley Medical Center, Medford, OR